

Allergen Content
SCHOOL MEALS

	(F) FIBRE	(FL) FLOUR	(GL) GLUTEN	(L) LACTOSE	(O) ORANGE	PORK	(P) POULTRY	(S) SOYA	(ST) STRAWBERRIES	(SW) SWEETCORN	(T) TOMATOES	(WH) WHEAT
Breaded Chicken Burger in a Bun		✓	✓	✓			✓					✓
Breaded Baked Fish Cake			✓									✓
Breaded Haddock Fillet	✓	✓	✓									✓
Battered Haddock Fillet	✓	✓	✓									✓
Baked Cheesy Pasta (v)			✓	✓								✓
Baked Cheese Pizza (v)	✓	✓		✓							✓	✓
Baked Beefburger In a Bun	✓	✓	✓	✓							✓	✓
Baked Bean and Cheesy Pasta			✓	✓							✓	✓
BBQ Pork Pasta Bake		✓	✓								✓	✓
Cheesy Lattice Roll (v)	✓	✓	✓	✓								✓
Cheese Panini		✓	✓	✓								✓
Cheese Pie	✓	✓	✓	✓								✓
Crispy Baked Fish Fingers			✓									✓
Chicken Curry and Rice				✓			✓				✓	
Chicken Fajita Wrap	✓	✓	✓				✓				✓	✓
Chinese Veggie Spring Roll with Noodles (v)		✓	✓	✓				✓		✓		✓
Gravy												✓
Homemade Cottage Pie								✓		✓		✓
Jacket Potatoe with Cheddar Cheese (v)												✓
Macaroni Bites			✓	✓				✓				✓
Meatball Marinara with Pasta	✓	✓	✓								✓	✓
Meat and Potato Pie	✓	✓	✓					✓				✓
Pasta Napoli In Tomato Sauce			✓								✓	✓
Ranch Style Kebab	✓	✓	✓									✓
Roast Beef & Yorkshire Pudding	✓	✓	✓	✓				✓				✓
Roast Chicken and Yorkshire Pudding	✓	✓	✓	✓			✓					✓
Roast Pork and Apple Sauce		✓						✓				✓
Roast Turkey with Yorkshire Pudding	✓	✓	✓	✓			✓	✓				✓
Sausage Hotpot	✓					✓		✓				✓
Sausage Roll	✓	✓		✓				✓				✓
Swedish Meat Free Meatballs (v)	✓	✓	✓					✓			✓	✓
Spaghetti Bolognese with Garlic Bread		✓	✓	✓				✓			✓	✓
Tomato Tagliatelli			✓					✓			✓	✓
Traditional Pork Sausage with Mash Potato	✓					✓		✓				✓
Cheese Sandwich		✓	✓					✓				✓
Ham Sandwich		✓	✓			✓						✓
Tuna Mayonaise Sandwich		✓	✓									✓
Turkey Sandwich		✓	✓				✓					✓
Arctic Roll		✓	✓	✓				✓	✓			✓
Baked Jam Donuts		✓										✓
Baked Syrup Parkin		✓	✓	✓				✓				✓
Creamy Strawberry Whip									✓			
Flapjack	✓		✓									
Fruit Jelly				✓	✓				✓			
Gingerbread Man	✓	✓	✓	✓				✓				✓
Homemade Baked Muffins		✓	✓	✓				✓				✓
Homemade Chocolate Cake		✓		✓				✓				✓
Iced Sponge Finger		✓	✓	✓				✓				✓
Ice Cream Tub				✓								
Jam Shortbread		✓	✓						✓			✓
Orange / Mango Smoothie				✓								
Oven Baked Cookie	✓	✓	✓	✓				✓				✓
Raspberry Ripple Mousse				✓								
Shortbread Biscuits		✓	✓									✓
Yoghurt	✓								✓			